



25th Navajo Nation Council

25TH NAVAJO NATION COUNCIL OFFICE OF THE SPEAKER

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FOR IMMEDIATE RELEASE

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Council Delegate Brenda Jesus brings the community together for the 2nd Annual Veterans Mental Health Awareness 5K Run and Walk



Council Delegate Brenda Jesus hosted the 2nd Annual Veterans Mental Health Awareness 5K Run and Walk.

WINDOW ROCK, Ariz. – 25th Navajo Nation Council Delegate Brenda Jesus laced up her running shoes to raise awareness and support for Diné veterans as she hosted the 2nd Annual Veterans Mental Health Awareness 5K Run and Walk on Wednesday.

“This event focuses on raising awareness for the mental health challenges faced by Diné Veterans,” said Council Delegate Jesus.

The event started at the Veterans Memorial Park in Window Rock, Ariz., and traversed a route that passed behind the Navajo Nation Fire Department and the Window Rock Police Department, symbolizing the unity and support of local services for our veterans.

“We are deeply grateful to all community members who joined us in this important cause,” said Delegate Brenda Jesus. “Your participation not only honors our veterans but also brings much-needed attention to the mental health issues they face.”

Runners and walkers of all ages turned out to show their support. The Veterans Mental Health Awareness 5K Run and Walk serves as a reminder of the ongoing commitment to the well-being of our veterans and the importance of community solidarity.

Speaker Crystalyne Curley was also in attendance to offer her support and encouragement. Delegate Jesus extends her appreciation to all of the event coordinators and sponsors who contributed to the successful event.

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